



Week of July 9th, 2018

featured

CHERRIES

100563 18 lbs

Although cherries most often are used in cold dishes and in breads, they are good when used as a garnish for meat dishes. Cherries also make tasty sauces or chutneys for pork, poultry, fish and beef.



GHOST PEPPERS

401006 8/50 gr

These fresh Ghost Peppers are super hot and colorful! With red to orange skin, add these peppers to salsas, or try making your own hot sauce. These are guaranteed to spice up any dish.



LYCHEE

080709 10 lbs

The Lychee is very unique in appearance, texture, and flavor. The edible portion or aril is white, translucent, firm and juicy. The flavor is sweet, fragrant and delicious. Add to a summer cocktail.



PURPLE CAULIFLOWER

400607 6ct

The appearance of Purple Cauliflower is truly breathtaking. Wonderful when stir fried with garlic & ginger, this veggie is at its best when blanched to add color to any plate.



ORGANIC TURMERIC

082010 5 lbs

Turmeric is a root that can be used for both culinary and medicinal purposes. Bright orange in color, use turmeric as a coloring agent or use to bring a fresh flavor to in soups and curries.

RHUBARB

400877 15 lbs

Rhubarb is an herbaceous perennial with long, fleshy stems supporting large, toxic leaves. The Blue Chair Jam Cookbook recommends we cut Rhubarb into 3- to 4-inch lengths, cover with sugar, drizzle with lemon juice and let macerate for 24 hours.

LOCAL WATERMELON

100631 EACH

All seedless watermelon varieties may contain an occasional seed, and will contain more than a few white, immature seeds. Summer months are peak production offering cheaper and more flavorful product as well.

PURPLE NINJA RADISH

500385 24ct

This beautiful Purple Ninja Radish makes for an excellent garnish. With bright purple pops of color on the inside, add this to salads, julienne or pickle to bring a fun new flare to any plate.

GEORGIA PEACHES

100495 25 lbs

Georgia Peaches are finally here! Add these deliciously sweet, juicy, seasonal fruits to your summer menu. Perfect eating right out of the hand, or added to any plate.

BUTTER BEANS

400073 10 lbs

Butter Beans come from the same family as Lima Beans. If you've only eaten frozen or canned Lima Beans it is time to try these little gems. The beans are quite small and a bit more rounded than their larger Lima cousins. The flavor is sweet, nutty, and delicate.

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Chef's TOYBOX



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LOCAL HONEY

560052 **48 oz**

Located in Stockton, GA, Zeigler's Honey Company has been producing honey since 1935. This honey is sweet, local, and of the finest quality.

WATERMELON RADISH

530371 **Box**

Though its flavor is typically Radish, it is the Watermelon Radish's arresting color combination makes it a perennial favorite. Add to any dish for a pop of color!

LOCAL HEIRLOOM CHERRY TOMATOES

401125 **Case**

The perfect summer tomatoes are in stock. These Heirloom Cherry Tomatoes are colorful and flavorful. Perfect for salads and plate presentation, this mixed pack provides variety and a lot of flavor.



BABY VIDALIA ONIONS

430100 **25 lbs**

A miniature version of the traditional Vidalia Onion, these Baby Vidalias are the cutest vegetables! Small in size and sweet in flavor, use these in any recipe that would call for a full-size sweet onion.

FAVA BEANS

405896 **20 lbs**

Fava beans are one of Spring's greatest gifts. They can stand on their own as a side dish, or you may add them to vegetable stews and pasta dishes.

CAULILINI

400207 **3/2 lbs**

This Caulilini Sweetstem Cauliflower is entirely edible from flower to stem. Similar to Broccolini, this vegetable has a sweet, succulent flavor. Use as a side dish, or add to crudité platters.

BABY LOCAL PEA TENDRILS

661002 **8 oz**

Pea Tendrils can be used raw or cooked. The flavor pairs nicely with creamy cheeses and other vegetables like asparagus, shallots, fava beans, and others.

DRAGONFRUIT

407005 **8-9ct**

Also known as Pitahaya, Dragonfruit is the fruit of a vine-like cactus. Although related to the Cactus Pear, this fruit is likened to Kiwi in texture and flavor, but is a little sweeter. It is popular eaten chilled, out of hand, and is also used to flavor drinks and pastries.



HYDRO WATERCRESS

490143 **Case**

This herbaceous aquatic plant is perfect for salads. Try it sautéed or stir-fried--it is simply delicious. Remove the larger stems before cooking and allow one bunch per serving.

PEELED CIPPOLINI ONIONS

550088 **5 lbs**

Cipollina means "small onion" in Italian and to the produce world, it means small, flat, mild, yellow onion. Already peeled, these onions can be pickled, braised, sautéed, creamed, gratineed... the sky is the limit!



LOCAL OLIVE OIL

560049 **500 ML**

This local olive oil from Georgia Olive Farms has been compared to olive oil straight from Italy. This cold-pressed EVOO is smooth and flavorful with a buttery fruity finish. And it is 100% grown in Georgia!

PEPPADEWS

400668 **2/105 oz**

These pickled sweet-spicy piquante peppers are perfect for stuffing. You can add them to salad, salad bars, or use them as toppings.

GOLDEN KIWI

400365 **13 lbs**

Gold Kiwi brings a completely different color and flavor to salads and recipes. It is a beautiful yellow-gold color with hints of mango and melon flavor. These kiwis are quite sweet, and very juicy.

ROMANESCO

500046 **12-16 ct**

Concentric spirals of little concentric spirals might remind you of an M.C. Escher drawing. Pale green in color, delicious raw, steamed or quickly sautéed with garlic and lemon zest.

