

# Chef's TOYBOX



Week of October 8<sup>th</sup>, 2018

featured

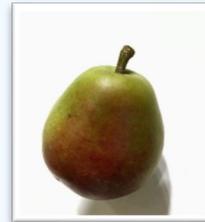
### ORGANIC RED KURI SQUASH

**450108 35 lbs**  
Red Kuri Squash is a medium-sized squash that is similar to a pumpkin in appearance. With a nutty flavor and smooth texture, this squash can be added to soups, pastas, casseroles, and more.



### SECKEL PEARS

**400901 90ct**  
Seckel Pears prove the old adage that good things come in small packages. Sweet, flavorful, aromatic, spicy, and perhaps the very best of the pear family. These pears are perfect for cooking and eating fresh.



### PASSION FRUIT

**100472 30-39ct**  
Passion Fruit's center is a florescent yellow jelly-like pulp with scattered with black edible seeds. The pulp is sweet yet tart and the longer it is let ripen, the sweeter it becomes.



### BABY PURPLE BRUSSEL SPROUTS

**400132 12.5 PT**  
These Baby Purple Brussel Sprouts are beautiful on a plate, especially when used in raw applications. Thinly shave and use in salad, or roast in oil.



### SWEETIE™ APPLES

**100061 60ct**  
Sweetie™ Apples are a cross between a Braeburn and a Royal Gala Apple. Developed in New Zealand, these apples are juicy, crunchy, and sweet.

### YELLOW HARICOVERTS

**400062 5 lbs**  
Tiny and tender, these Yellow Haricoverts are French beans that are smaller than the common green bean variety. Quite meaty for their size, their crisp texture offers a delicate sweet flavor.

### LOCAL GINGER GOLD MERCIER APPLES

**100340 40 lbs**  
Grown in Blue Ridge, GA at Mercier Orchards, these local Ginger Gold Apples are sweet, juicy, and tart. The perfect all-purpose apple.

### STARFRUIT

**100558 8 lbs**  
Starfruit lives up to its name. Short, but wide, this fruit can be sliced crosswise into especially nice star shapes. Starfruit adds visual impact and a bright, crisp, summery flavor to any salad.

### ORGANIC ACORN SQUASH

**080757 35 lbs**  
Acorn Squash is a seasonal squash that cooks quickly and makes a great side dish. With a dark green outer skin and golden-orange flesh, this squash is mild & sweet.

### SPECKLED BUTTER BEANS

**400098 10 lbs**  
These beautiful Speckled Butter Beans are local and fresh. These can be simmered, baked, or sautéed. Butter Beans pair well with garlic, ham, honey, & more.

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## POMEGRANATES

**100471 34-36 ct**

Pomegranate seeds may be easily removed by breaking apart the fruit in small pieces and submerging in a large bowl of water. Use to make relishes, garnishes, add to salads or desserts.

## LOCAL ASIAN PEARS

**101037 VF**

Very crispy, firm and mildly sweet, there are hundreds of varieties of Asian pears grown. They are excellent sliced and added into salads, served with cheese or to make sorbet, juice or purees from.

## BLACK MISSION FIGS

**400374 1/12 EA**

Black Mission Figs can be used in salads and side dishes but are especially popular in desserts. Figs mixed with rosemary and garlic make for a good spread on bread.

## LOCAL HONEY

**560052 48 oz**

Located in Stockton, GA, Zeigler's Honey Company has been producing honey since 1935. This honey is sweet, local, and of the finest quality.

## HONEYCOMB SQUARES

**490026 EACH**

These Honeycomb squares are filled with raw, unprocessed honey. You can eat the whole honeycomb on its own or you can cut away parts of it and drain the honey out to use in recipes.

## MIXED FINGERLING POTATOES

**450091 10 lbs**

These Mixed Fingerling Potatoes are small, colorful, and flavorful. A mixture of purple, yellow, and red potatoes, these fingerlings have a creamy taste.

## DRAGONFRUIT

**407005 8-9ct**

Also known as Pitahaya, Dragonfruit is the fruit of a vine-like cactus. Although related to the Cactus Pear, this fruit is likened to Kiwi in texture and flavor, but is a little sweeter. It is popular eaten chilled, out of hand, and is also used to flavor drinks and pastries.

## BABY LOCAL PEA TENDRILS

**661002 8 oz**

Pea Tendrils can be used raw or cooked. The flavor pairs nicely with creamy cheeses and other vegetables like asparagus, shallots, fava beans, and others.

## CAULILINI

**400207 3/2 lbs**

This Caulilini Sweetstem Cauliflower is entirely edible from flower to stem. Similar to Broccolini, this vegetable has a sweet, succulent flavor. Use as a side dish, or add to crudité platters.

## HYDRO WATERCRESS

**490143 Case**

This herbaceous aquatic plant is perfect for salads. Try it sautéed or stir-fried—it is simply delicious. Remove the larger stems before cooking and allow one bunch per serving.

## LOCAL OLIVE OIL

**560049 500 ML**

This local olive oil from Georgia Olive Farms has been compared to olive oil straight from Italy. This cold-pressed EVOO is smooth and flavorful with a buttery fruity finish. And it is 100% grown in Georgia!

## ORGANIC CARNIVAL SQUASH

**080043 35 lbs**

Carnival Squash is cross between acorn squash and sweet dumpling squash. Boasting a vibrant exterior, Carnival Squash is beautiful and tasty.

